

Answer the following briefly:

Complete the sentence stem with whatever comes first:

1. I don't think I can

2. I've always been told that I cannot

3. I am most afraid to

4. When I'm relating to others, it's hardest for me to

5. I'm not worthy of receiving

6. My biggest concern with money is

7. My fear about sex is

8. What I can't seem to get enough of is

9. I always feel bad about myself when I

10. I can't seem to forgive myself for

11. I feel most helpless when I

12. I generally think I am inadequate when I

13. I wish I could

14. I always get sick when I

15. When I think about growing my business at 10x I feel

16. When I think about helping others by using my own spirit and energy I feel

17. I think I have bad luck

18. I feel like a failure in

19. I find this life unfair

20. I feel attacked by

21. I have the feeling of always fighting against

22. I am afraid of

23. I try to control the situations I live

24. I feel enslaved to

25. I have been seriously betrayed by

26. I believe evil exists

27. Suffering is necessary

28. I suffer from some situations like

29. I get what I deserve

30. I feel guilty about

31. I feel at peace

32. I feel free

33. Love is

Additional Notes: _____
